



Going to Gymnastics

At Werribee Gymnastics

Social Story





Today I am going to a gymnastics class at
Werribee Gymnastics.



An adult, a parent or carer, will come with me and
help me when I need it.





I am going to wear comfortable clothing.



And take bottle of water with me.





When I go inside my adult will pay in the office.
I can say hello to Cathie.





I will take my shoes and socks off and put them on the shelves.



While I wait for the class to start
I can sit on the red mat and play with the toys.





When it is time for class to start coach Dee will call me on to the gym floor.



I will sit in a circle on a spot and listen to Dee.





Then it is my turn to try!
I will try a lot of different activities.





I might need to be patient and wait my turn because only ONE person is allowed on each activity.



I will tell the coach or my adult if I am feeling worried, hurt or unwell.





The coach will tell everyone when there is time for
1 more activity.

I will choose my favourite and have 1 turn.



I will then join the group to play with the parachute.

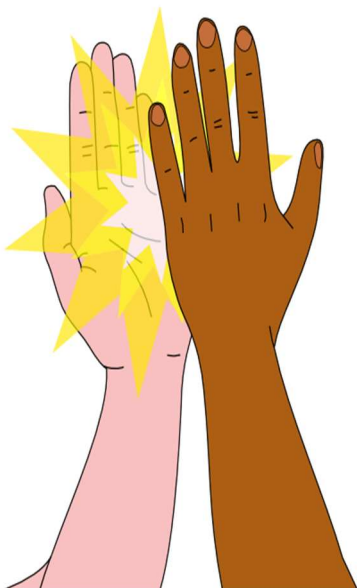




At the end of the class, I will line up on the floor in front of the coach.



I can give the coach a hi-5 and get a stamp on my hand if I would like.





I will put my shoes and socks on and go home with my adult.

